

# Yale-New Haven Psychiatric Hospital

## HISTORY

Yale-New Haven Psychiatric Hospital was formally established in June 2000 when Yale-New Haven Hospital acquired the assets of the former Yale Psychiatric Institute, previously owned by Yale University. The expertise of each organization combined to make Yale-New Haven Psychiatric Hospital a leading center for comprehensive clinical care in the treatment of mental illness.

## MULTIDISCIPLINARY TREATMENT TEAMS

- psychiatrists
- psychologists
- social workers
- occupational therapists
- therapeutic recreation specialists
- physician assistants
- nutritionists
- registered nurses
- advanced practice registered nurses
- psychiatric assistants

Yale-New Haven Psychiatric Hospital (YNHPH) is a full-service psychiatric hospital, affiliated with Yale School of Medicine and part of the 944-bed Yale-New Haven Hospital. YNHPH includes a 73-bed psychiatric inpatient facility and a variety of intensive outpatient specialty programs, offering a full range of innovative and advanced treatments to adolescent, adult and geriatric patients with psychiatric and substance abuse problems. A complete psychiatric assessment and full treatment program includes crisis intervention, family consultation and rehabilitative intervention.

**Adults:** Adult psychiatric services include a 50-bed inpatient program and an intensive outpatient program for treatment of a variety of disorders, such as depression, bipolar disorder, psychotic disorders including schizophrenia, anxiety disorders including obsessive-compulsive disorder and other serious psychiatric conditions. YNHPH offers a dual diagnosis and detoxification program for patients who are diagnosed with both substance abuse disorders and psychiatric illness.

**Geriatric:** YNHPH offers unique expertise with geriatric psychiatric patients, many of whom have other medical problems. There is an 8-bed inpatient program for brief, acute treatment to address a wide range of psychiatric disorders, in particular, dementia, psychosis and mood disorders. The most commonly treated functional problems include impaired activities of daily living, cognitive disorganization and disruptive behaviors.

**Adolescents:** The adolescent service at Yale-New Haven Psychiatric Hospital offers a 15-bed inpatient program and a 25-slot intensive outpatient program which is a structured, after-school program.

**Children:** Children who need inpatient psychiatric services are admitted to the Children's Psychiatric Inpatient Unit (CPIS), a 15-bed unit affiliated with Yale-New Haven Children's Hospital. CPIS offers a day treatment program for outpatient care, located adjacent to the inpatient unit, serving children age 4 to 14.

*continued on back*



## 2006 facts and figures:

Average length of stay : **9.8 days**

Average daily census: **70**

Total discharges: **2,600**

CIU visits: **4,202**

Intensive outpatient visits: **12,444**

Medical Director:  
**William Sledge, M.D.**

Administrative Director:  
**Leslie O'Connor, A.P.R.N., M.S.N.**

Associate Medical Director:  
**Robert Milstein, M.D.**

**Mailing address:**  
Yale-New Haven Psychiatric Hospital  
184 Liberty Street  
New Haven, CT 06519

**Web site:**  
[www.ynhh.org/ynhph/ynhph.html](http://www.ynhh.org/ynhph/ynhph.html)



## Important Telephone Numbers:

Admitting (Psychiatric Hospital)  
(203) 688-9907

Directions to YNHH  
(203) 688-1234

Emergency Department  
(203) 688-2222

Emergency Department (Pediatric)  
(203) 688-3333

General Information  
(203) 688-4242

Parking  
(203) 688-2623

Patient Information  
(203) 688-4177

Patient Relations  
(203) 688-3430

Protective Services/Security  
(203) 688-2500

Physician Referral  
(203) 688-2000

## Levels of care:

**Crisis Intervention Unit (CIU)** – located in the YNHH Emergency Department, the CIU offers assessment, treatment and referrals for adults who are experiencing a psychiatric emergency with severe symptoms

**Inpatient acute care** – for the patient who is in need of emergent stabilization and immediate comprehensive psychiatric assessment

**Intensive outpatient programs** – for patients who have achieved some stability but need an intensive, structured program

## Recognition:

Annually, psychiatric services at Yale-New Haven Hospital have been regularly ranked among the top in the nation by *U.S. News & World Report* in its annual "America's Best Hospitals" issue.

Yale-New Haven Psychiatric Hospital is accredited by the Joint Commission. The Ambulatory Psychiatric Service received the highest Joint Commission score as a result of the last accreditation visit in October 2002.

## Specialized treatment services:

**Electroconvulsive Therapy (ECT)** service – for inpatients and outpatients who are diagnosed with serious mental illnesses

**Dialectical Behavioral Therapy (DBT)** – cognitive-behavioral therapy for people with chronic patterns of suicidal or other self-destructive behavior

**Psychiatric Consultation Service** – provides psychiatric consultation to patients admitted to other medical services at YNHH who are experiencing significant psychiatric symptoms

## Research and Education:

Affiliated with the Yale School of Medicine, the Psychiatric Hospital is a center for research and education in behavioral health, with training programs in psychiatry, psychology, social work, occupational therapy, therapeutic recreation and nursing. It is also a research center conducting studies in areas such as:

- Hallucinated voices
- Borderline personality disorder
- Substance abuse
- Mental illness in a primary care setting
- Transcranial magnetic stimulation



YALE-NEW HAVEN  
PSYCHIATRIC HOSPITAL

