

Norman J. Siegel, MD, mourned

Norman J. Siegel, MD, director of the section of nephrology in the Department of Pediatrics at Yale School of Medicine since 1972, died suddenly on Friday, April 28, in San Francisco. Dr. Siegel was physician-in-chief of the Yale-New Haven Children's Hospital (YNHCH) from 1995-2002, and acting chair of the department from 1985-1987 and again from 2000-2002. He was a professor at the Yale School of Medicine since 1982. A memorial service at Yale is planned.



the American Society of Pediatric Nephrology and secretary/treasurer of the American Pediatric Society. His awards include the Mitchell I. Rubin Award for Distinguished Achievements in Pediatric Nephrology, the Founder's Award from the American Society of Pediatric Nephrology, the Special Recognition and Service Award from the Society for Pediatric Research, and the Distinguished Service Award from the American Pediatric Society.

He earned his bachelor's degree in mathematics (Phi Beta Kappa) at Tulane University in New Orleans, and his medical degree and a master's degree in physiology at the University of Texas Medical Branch in Galveston. He came to Yale-New Haven Hospital in 1968 for a residency in pediatrics, followed by a fellowship in nephrology. He was named assistant professor in 1972 and associate professor in 1976.

"Dr. Siegel's passing is a profound loss not only for his family, but also for the department of pediatrics, the Yale community, and the entirety of academic pediatrics," said Margaret Hostetter, MD, Jean McLean Wallace professor and chair of pediatrics for the Yale School of Medicine, who succeeded Siegel as physician-in chief of YNHCH. "His patients were his passion, and his standards of excellence in clinical care, research and education were unmatched."

An Orange resident, Dr. Siegel was born in Houston. He is survived by his wife, Rise Ross Siegel; his mother, Ida Siegel; his brother Bryan Siegel; and two children, Andrew and Karen Siegel. Memorial contributions may be made to the Norman J. Siegel, M.D. Memorial Fund, c/o Janney Montgomery Scott, 555 Long Wharf Drive, New Haven, CT 06511.

A specialist in pediatric nephrology, Dr. Siegel was an outstanding leader in national and international pediatric and nephrology organizations. He was elected to the posts of membership chairman for the Society for Pediatric Research, president of

Welcome New Faculty

**Pramod Mistry, MD,** has been appointed associate professor and section chief of pediatric gastroenterology. Dr. Mistry has led the development of programs for inherited metabolic liver diseases in several institutions in the United Kingdom and the United States, and will oversee the development of the pediatric liver transplant program at the Yale-New Haven Children's Hospital. Dr. Mistry received his Ph.D. and his medical degree from the University of London, and is a fellow of the Royal College of Physicians of London. His previous academic appointments include clinical lecturer at the University of Cambridge, senior lecturer at the University of London, associate professor of human genetics and internal medicine at the Mount Sinai School of Medicine, and associate professor of medicine in the section of digestive diseases at the Yale University School of Medicine. Dr. Mistry, who has an international reputation in pediatric hepatology, is the recipient of several awards, including Physician of the Year from the Genetic Disease Foundation in New York City.



**Catherine Anne Welch Dinauer, MD,** has been appointed as an associate research scientist in the section of developmental endocrinology and biology. She will be working in the new Yale Pediatric Thyroid Center. Prior to coming to Yale, Dr. Dinauer was on the associate staff, section of pediatric endocrinology, at Inova Fairfax Hospital in Virginia; and assistant professor of pediatrics at the F. Edward Herbert School of Medicine, Uniformed Services University of the Health Sciences, in Maryland. She also worked at Walter Reed Army Medical Center in Washington, D.C., serving as an attending physician in pediatric endocrinology and as the chief of the clinical studies section in the department of clinical investigation. Dr. Dinauer received her undergraduate degree at Dartmouth College and her medical degree from the University of Vermont College of Medicine, and completed her pediatric residency and pediatric endocrinology fellowship at Walter Reed. Her honors include five Army commendation medals and two Army achievement medals from Walter Reed.



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New hospitalists, continued

"How much time a hospitalist spends with a patient depends on such factors as acuity," Dr. Hersh said. "We may see a patient a couple of times a day or many times a day. I had one patient who required a care conference every other day."

Cheryl Hoey, patient service manager for the school-age/adolescent Unit, said "The hospitalists have a huge effect on flow—how we move patients through the system. They make inpatient stays for kids very smooth by clearing obstacles such as questions that can hold up discharges or a delay in getting a specialist to visit a patient before he or she goes home. They are very responsible about communicating back to pediatricians and providing additional information for follow-up."

Dr. Craig Summers, a pediatrician at Children's Medical Group in Hamden, has found the service to be a useful one. "In our practice, we care for most of our

admitted patients," Dr. Summers said. "Generally they are brief admissions. Our hospitalists provide us adjunctive advice and help by navigating more complex cases. If the child has multiple system disease and requires more constant attention than can be provided by physicians who need to be in their office all day, they are the perfect surrogate. Handled well, they are an extension of our office that the patient benefits from. Patients are reassured when they know we are working as a team."

However, Dr. Hersh said hospitalists are meant to play a small part in a child's life and are not meant to supplant the integral role of the community pediatrician for the child and family. "Our community pediatricians play the most unique and important role. Their insights, based on long-standing relationships with children and their families, are invaluable. The more closely we can work with our colleagues in the community, the more successful we will be when a child is hospitalized."

For more information about the pediatric hospitalist's role, contact: Dr. Hersh at 203-688-6533.

Pediatric Cardiology clinics, continued

Adult Congenital Heart program on the main campus in New Haven. This Adult Congenital Heart Program is the only organized program of its kind in the state and attends to the special needs of this patient population with expert physician and nursing care dedicated to the clinic.

"I've had some incredibly positive feedback about this clinic," said Dr. Bowers, at the Shoreline clinic. "Folks who come see us have a very good experience with the quality of our care. When they come to a satellite clinic, they experience the added benefit of convenience as far as driving and parking, and the actual facility. For someone who is carting a stroller and a diaper bag along with a small child, this can be a wonderful convenience."

YALE  
pediatric  
UPDATE

The Yale-New Haven Children's Hospital Physician Letter

in this issue:

Hospitalists provide a unique service

Cardiac care close to home

Cancer Center wins approval

New hospitalists are a critical resource for pediatricians



On a typical day, David Dunkin, MD, and David Hersh, MD, serve as in-hospital pediatricians for anywhere from two to 10 patients a day at the Yale-New Haven Children's Hospital (YNHCH). Depending on their patient's condition, they consult with subspecialists, surgeons and pharmacists, arrange conferences with family members and other caregivers, and make frequent contact with the child's regular pediatrician.

Drs. Dunkin and Hersh are two hospitalists hired last year to provide a unique level of service to community pediatricians and their patients who require hospitalization. Dr. Dunkin is the admitting hospitalist and medical director for the infant-toddler unit; Dr. Hersh has the same role on the school-age/adolescent unit. Pediatricians with a special interest and expertise in hospital medicine, both are trained to handle the high level of acuity associated with hospitalized children. Their constant pres-

(L-R) David Hersh, MD; Cheryl Hoey, RN, PSM, school-age/adolescent unit; David Dunkin, MD; and Marcelle Williams, RN, PSM, infant-toddler unit, believe the new pediatric hospitalist program is raising the bar on patient satisfaction.

ence and leadership on the inpatient units allows them to closely monitor patients, and to assess and respond rapidly to changes in their patients' conditions. "We are here as a resource," said Dr. Hersh. "We provide a service to community pediatricians at whatever level they need. We might meet with them if they are visiting their patients, or keep in close contact if they can't visit or if their office is in another part of the state. In many cases we communicate with the child's pediatrician daily." The hospitalist is available to provide immediate pediatric consultation for pediatric patients or pediatric surgical patients.

In medical centers around the country, hospitalists are increasingly serving as in-hospital family doctors. At YNHCH, the two hospitalists play a different role than that of their counterparts who work with adult patients through the internal medicine service.

"Our pediatric hospitalist program serves to supplement clinical care on our

infant-toddler and school-age/adolescent units by providing medical directorship at the physician level," said Alan Friedman, MD, associate professor at the Yale University School of Medicine and associate chair for education at YNHCH. "The program is extremely successful on a number of levels. The patient service managers and nurses greatly appreciate the clinical oversight and education that come from the hospitalists. Our resident house staff appreciates the clinical supervision, on-site, bedside teaching and mentoring." Parents also appreciate the detailed daily communications on their child's progress.

Each morning, the two hospitalists conduct "work rounds," gathering nurses, residents, care coordinators, pharmacists and other staff in a conference room to discuss each patient on their respective units. They also have weekly psychosocial rounds that bring together social workers, child life staff, religious ministries staff, nurses and care coordinators to discuss how they can support young patients coping with emotional issues. Each hospitalist also provides continuing education on delivery of care, addressing such topics as nutrition and oxygen delivery.

In addition, the hospitalists often care for patients who don't have pediatricians of their own as well as those patients transferred from hospitals in other parts of the state that may not provide the same services as YNHCH.

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## Agreements reached on Cancer Center

Almost one year to the day that Yale-New Haven Hospital submitted its proposal for a new 14-story Cancer Center, the city of New Haven has given its blessing for the Hospital to construct its new state-of-the-art facility on Park Street.

At a press conference on March 22 at City Hall, Marna Borgstrom, president and CEO of YNH, and the Mayor of New Haven announced that all parties had come to terms on several issues that will clear the way for raising the Grace Building and constructing the Cancer Center in its place. Demolition of the Grace Building is expected to begin in June and groundbreaking for the Cancer Center is expected by September.

"The agreements we have reached allow us to move forward with a new building that is critical to meeting our patients' needs," Borgstrom said. "They also build upon our understanding of and commitment to this community, a community that includes our patients, our current and future work force and our civic and business colleagues." Three key elements of the agreements include:

- zoning, parking and land disposition agreements
- a community benefits agreement that includes enhanced strategic investments in neighborhood youth and education programs and community health initiatives, including funding an asthma outreach program and an uninsured children's outreach position to work with the city to identify and serve these patients
- an agreement with the Service Employees International Union (SEIU) for an organizing process with a National Labor Relations Board (NLRB) -supervised secret-ballot election.



An architect's rendering of the new Yale-New Haven Cancer Center

"From the beginning, we have consistently said that we wanted our employees to be able to make the decision on whether or not they want to be represented by a third party via an NLRB-sanctioned election," Borgstrom said. "With this agreement, we will put an end to the negative language and activities associated with union-related organizing and provide employees with factual information so they can make a private, informed decision, within the NLRB process, about whether or not they wish to be represented by 1199."

Borgstrom is extremely positive about the prospects for the cancer center itself. "As a result of these agreements, we are going to be able to build a cancer center that will be able to serve patients in New Haven, in Connecticut and beyond," she said. "We are going to be able to combine all of our services into one well-designed building which will reduce inconvenience for patients seeking treatment for cancer here. Our patients will continue to receive the best possible care but in a more contemporary and comforting setting. We will also be able to offer patients the ability to take part in clinical trials that may help treat their disease and lead to innovative treatments for others."



Marna Borgstrom, President and CEO, was interviewed by WTNH-TV 8 after the press conference at City Hall announcing the agreement.

## Pediatric cardiology clinics provide outpatient care in a convenient setting

On a sunny day in Guilford, Alan Friedman, MD, and Peter Bowers, MD, saw 11 patients at the new pediatric cardiology satellite clinic at the Yale-New Haven Shoreline Medical Center.



The pediatric cardiology satellite clinic at the Shoreline Medical Center is staffed by (l-r): Greta Silva, cardiac sonographer; Nicole Boramanand, APRN; Peter N. Bowers, MD; and Alan H. Friedman, MD.

The patients included infants who had recovered from cardiac surgery and needed routine follow-up evaluations; a boy whose family had a history of hereditary cardiac problems; children

with symptoms such as palpitations, chest pain or fainting; and a newly adopted child with no medical records who had been diagnosed with congenital heart disease in her native country.

While the Yale Pediatric Cardiology Group performs more complicated procedures at the Yale-New Haven Children's Hospital, an estimated 30 percent

of their patients have consultation and follow-up visits at one of their seven satellite clinics located around the state. These clinics are held in Backus Hospital in Norwich, Landmark Center in Brookfield, Greenwich Hospital, Lawrence & Memorial Hospital in New London, Norwalk Hospital, St. Mary's Hospital in Waterbury and the Shoreline Medical Center in Guilford, the newest location. All patients at these clinics receive the same care as they do when they visit the outpatient cardiac clinic at the Pediatric Specialty Center on the second floor of the Yale-New Haven Children's Hospital (YNHCH).

"The reason the satellites were created was to provide care close to home for patients who don't live close to the Yale-New Haven Children's Hospital," said James Perry, MD, chief of pediatric cardiology. "While sub-specialized care in catheter intervention, electrophysiology, pacemaker follow-up and adult congenital cardiac disease is done at the main YNHCH clinic, the majority of care for our patients can be provided by our same dedicated team of pediatric cardiologists at the satellite clinics."

Each of the satellite clinics provides initial consultations and follow-up service, and is equipped to provide electrocardiograms, echocardiograms, Holter monitors and cardiac event recorders. If a clinic patient has a serious complaint or emergency that may require the more specialized care offered at the hospital, the doctor at the clinic may send the patient directly to the Yale-New Haven Children's Hospital that day.

"At the clinics, we are always in close communication with our local pediatric colleagues," said Dr. Friedman, who sees patients at the Guilford and Brookfield clinics. "For every patient visit we send a letter to the pediatrician detailing our clinical evaluation. While that's our primary mode of communication, many of us have been at Yale-New Haven Children's for a number of years and continued on page 4..."

### Yale-New Haven's Pediatric Cardiology Satellite Clinics

The Yale Pediatric Cardiology group has outpatient cardiology clinics in seven satellite locations around Connecticut. The main clinic is located in the Pediatric Specialty Center on the 2<sup>nd</sup> floor of the Yale-New Haven Children's Hospital. Pediatricians can fax information on their referrals to the pediatric cardiology office at Yale at 203-737-2786 to ensure timely appointments based on diagnosis. Referral forms are available online at [www.yalemedicalgroup.org/pedguide/physreferralform.pdf](http://www.yalemedicalgroup.org/pedguide/physreferralform.pdf). Otherwise, to make a clinic appointment, call 203-785-2110 or one of the numbers listed below.

**Backus Hospital, Norwich**  
John T. Fahey, MD, sees patients in the morning every first Wednesday.

**Landmark Center, Brookfield**  
Bevin Weeks, MD, sees patients all day every 2<sup>nd</sup> Tuesday.  
Alan Friedman, MD, sees patients all day every 4<sup>th</sup> Tuesday.  
Call 1-800-333-0043.

**Greenwich Hospital**  
Bevin Weeks, MD sees patients in the morning every Thursday.  
Call 1-888-233-3552.

**Lawrence & Memorial Hospital, New London**  
John T. Fahey, MD, sees patients in the afternoon every 1<sup>st</sup> Wednesday and all day every 3<sup>rd</sup> Wednesday.

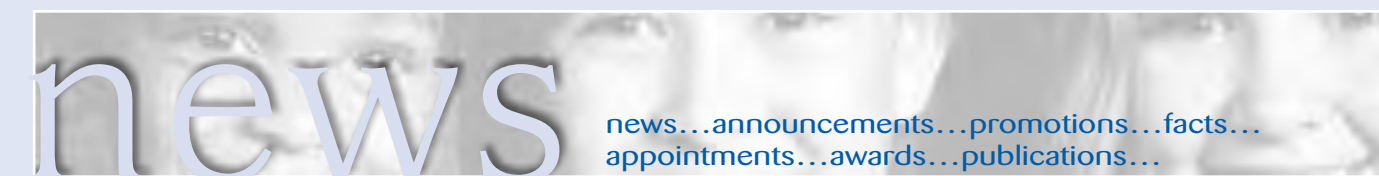
**Norwalk Hospital**  
Bevin Weeks, MD, sees patients in the morning every 3<sup>rd</sup> Tuesday.

**St. Mary's Hospital, Waterbury**  
Bevin Weeks, MD, sees patients all day every 1<sup>st</sup> and 4<sup>th</sup> Tuesday.  
Call 203-709-7081.

**YNHH Shoreline Medical Center, Guilford**  
Peter N. Bowers, MD, sees patients in the afternoon every 1<sup>st</sup> and 3<sup>rd</sup> Tuesday.

Alan H. Friedman, MD, sees patients in the afternoon every 2<sup>nd</sup> Tuesday.

**Pediatric Specialty Clinic - 2<sup>nd</sup> floor, Yale-New Haven Children's Hospital**  
Appointments are scheduled at various times Monday through Friday.  
Call 203-785-2110.



### Web site provides pediatricians with new screening tool

A new program called First Screening, to be up and running on the Yale Pediatrics Web site ([www.yalepediatrics.org](http://www.yalepediatrics.org)) in May, will provide guidelines regarding referrals to a subspecialist at the Yale-New Haven Children's Hospital. First Screening will provide help and practical advice about initial steps pediatricians can take to evaluate a patient who has an abnormal symptom. The site will provide guidelines on tests pediatricians can prescribe when patients exhibit symptoms that could mean a referral to cardiology, endocrinology, rheumatology or another subspecialty. There are also plans to make the program available on CD. Primary care physicians with feedback on First Screening may contact Dinesh Pashankar, MD, at 203-785-4649.

Access the pediatrics Web site at [www.yalepediatrics.org](http://www.yalepediatrics.org)

### Friends of the Children's Hospital hosts two events

Friends of the Yale-New Haven Children's Hospital, an organization dedicated to bringing attention to and pursuing solutions for the health and safety needs of children, will host two important events. Peter Herbert, MD, chief of staff at Yale-New Haven Hospital, will speak at the organization's annual luncheon, Tuesday, June 13, at noon at the New Haven Lawn Club. The Friends



Golf & Tennis Tournament is scheduled for Monday, July 24, at the Farms Country Club in Cheshire.

To become a golf tournament sponsor or to register for either event, call 688-1745.

### Tommy Fund hosts golf tournament

The Tommy Fund for Childhood Cancer will host its annual golf tournament Monday, June 26, at the Farms Country Club, Wallingford, CT.

Proceeds will benefit the Tommy Fund, which acts as a helping hand to the pediatric oncology section of the department of pediatrics at Yale School of Medicine, Yale-New Haven Children's Hospital and Yale Cancer Center.

To register or to become a golf tournament sponsor, call 1-800-974-5559 or e-mail [tommyfund@ynhh.org](mailto:tommyfund@ynhh.org).



### HealthLINK focuses on overuse injuries

As more young children become sports-specific and train year-round, pediatricians are seeing an increase in overuse injuries. In some cases, the damage is permanent. An edition of Yale-New Haven Hospital's pediatric HealthLINK focuses on this topic and the warning signs that a young athlete may be overtraining.

To order free copies of "Increase in adult-type injuries among children and adolescents" for your office, call Yale-New Haven Hospital at 203-688-2488.



Nicole Boramanand, APRN, examines an infant in the pediatric cardiology clinic at the Shoreline Medical Center.

### Cardiology clinics, continued

have developed close relationships with the pediatricians in our communities, so oftentimes, we will pick up the phone and call them with an update. Any urgent matter automatically gets a phone call."

While Connecticut has relatively few pediatric cardiologists, their caseloads are growing, especially as advances in diagnosis and management of congenital heart disease result in improved survival rates. One percent of all live births involve a defect of the heart, and half of these will require either medical or surgical therapy. Surgical procedures are often performed in the first year of life, and the patients are subsequently followed in outpatient clinics. Yale's pediatric cardiologists follow children of all ages with suspected, acquired and congenital heart problems. With the growing number of adults who have survived congenital heart problems, the Yale group has the Yale-New Haven continued on back page...