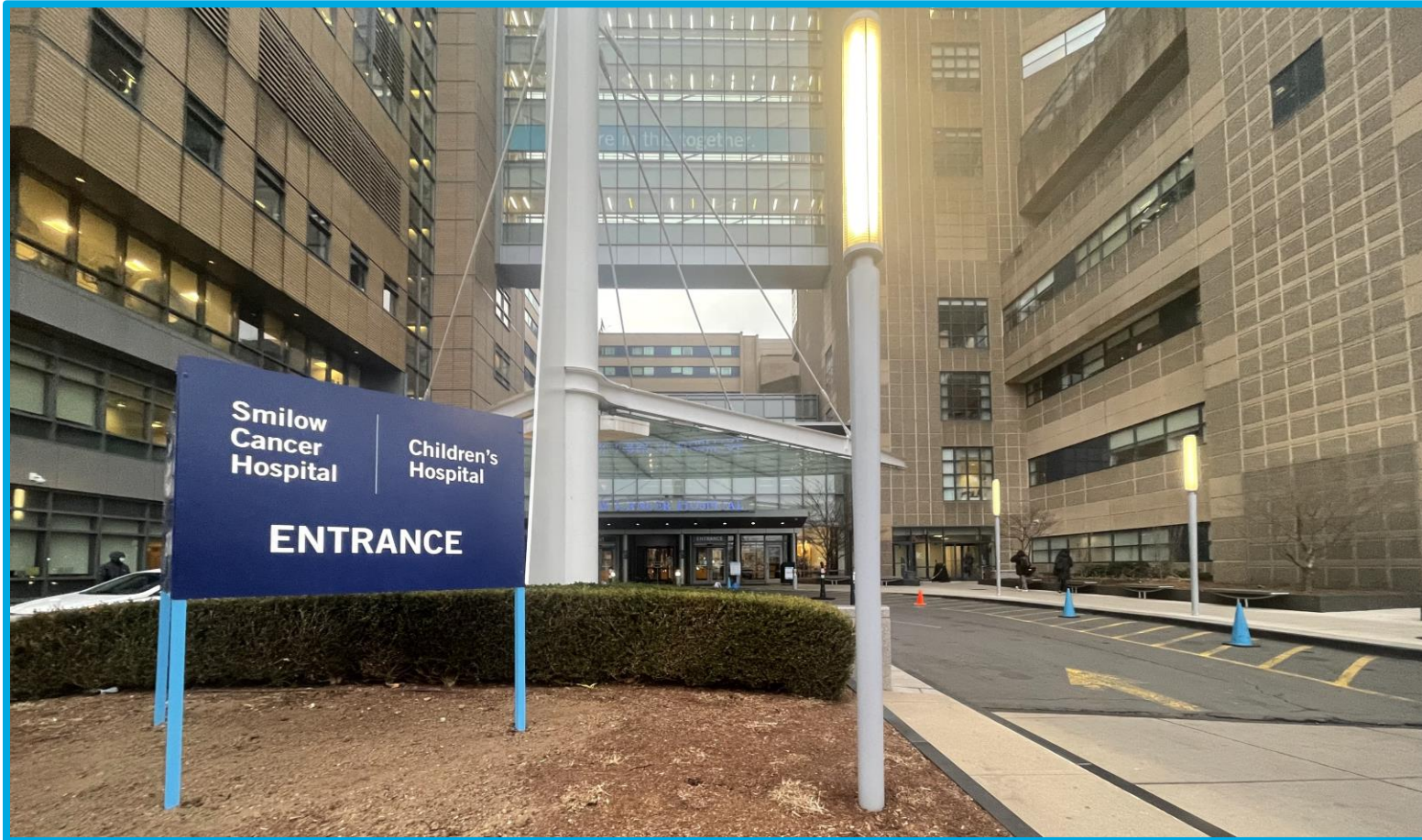


Getting Sleepy Medicine (Sedation) Social Story

Resource Developed by the Child Life Program
Yale New Haven Children's Hospital

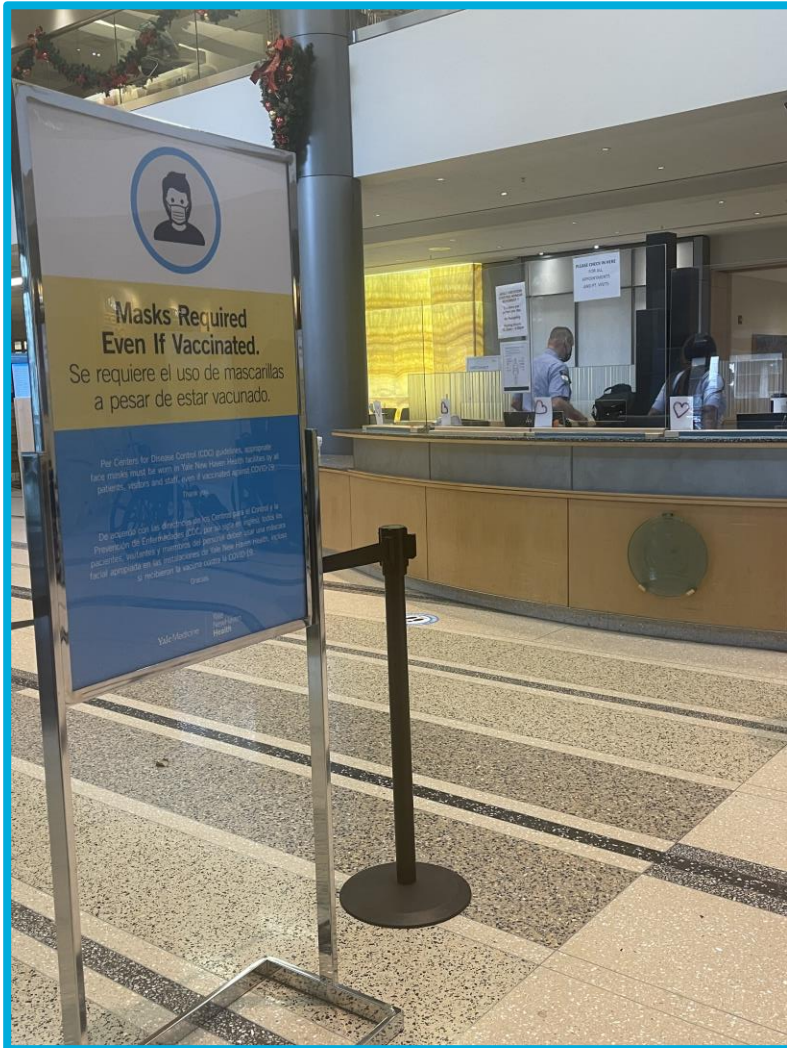
I will be coming to Yale New Haven Children's Hospital. I will come to the Smilow entrance.



I will get out of the car at the valet.



This is what I will see when I come into the doors of the hospital.



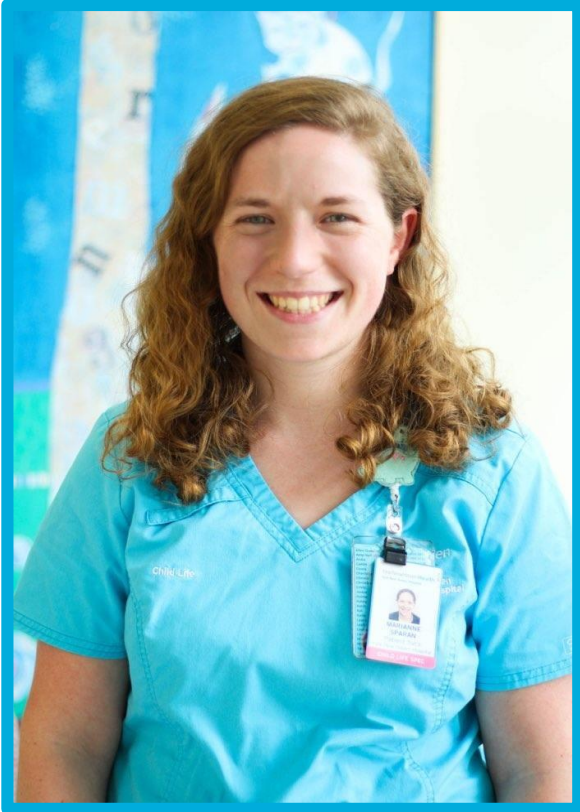
I will check in at the front desk.



I will get sleepy medicine to help me with part of my hospital visit.

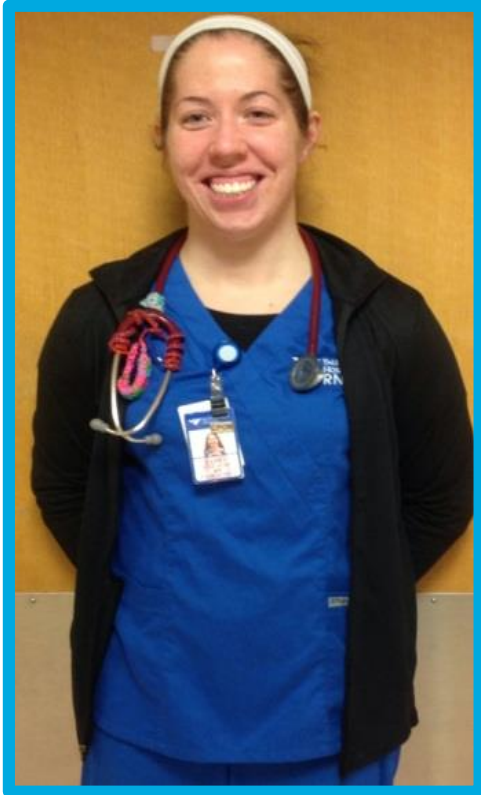


I will meet a child life specialist.



A child life specialist can help me learn about what will happen during my visit.

I will meet nurses from the sedation team.



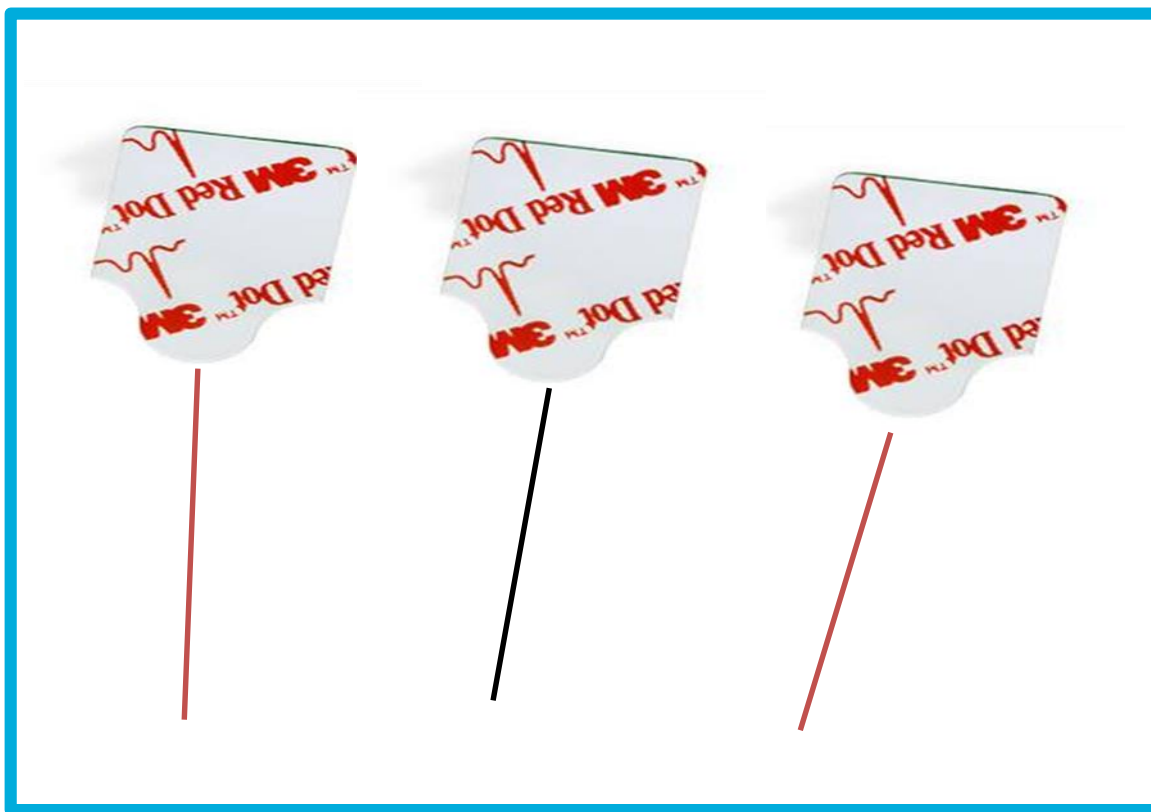
I will feel a wrap squeeze my arm tight for a short time.



I will get a sticker on my finger.



I will have 3 stickers on my body.



I can get medicine to help me feel a little silly and less worried.



**I can drink
medicine.**

OR



**I can have medicine
sprayed in my nose.**

I will get an IV straw for my sleepy medicine.



I will sit still for my IV straw.



I see the nurse's gloves.



I feel the tight noodle on my arm.



I feel soft touch on my skin with just fingers.



I feel the cold, wet wipe to clean.



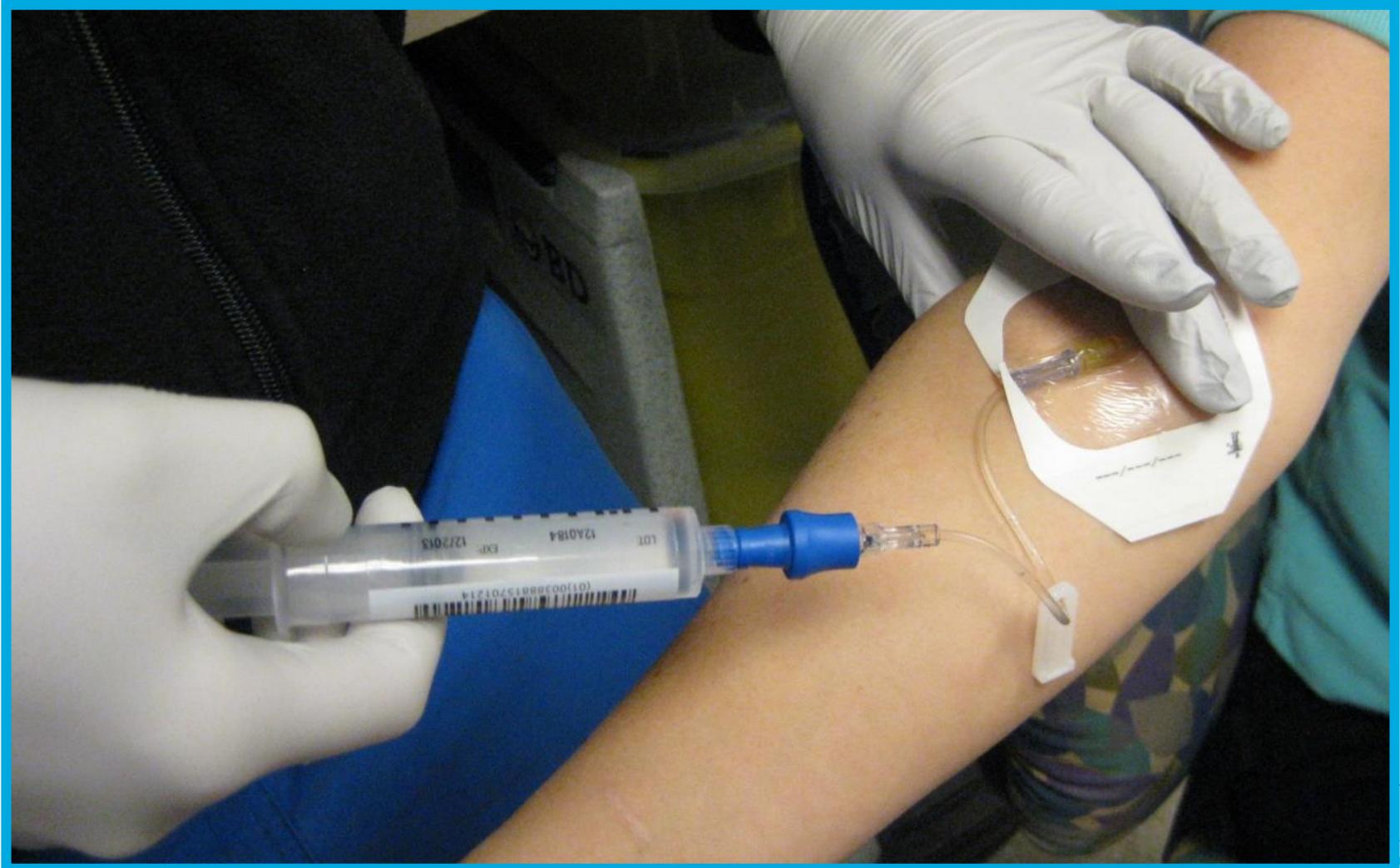
I will sit still and take deep breaths during the poke that helps my IV straw go in.



I see a clear, window sticker that covers my IV straw.



I sit still while the nurse puts water into my IV straw.



I will get sleepy medicine into my IV straw.



The sleepy medicine will help me to be relaxed and feel sleepy during my visit.



I will stop feeling sleepy when the doctor stops giving me the sleepy medicine.



When the straw is done helping my body,
the nurse takes the IV straw out.



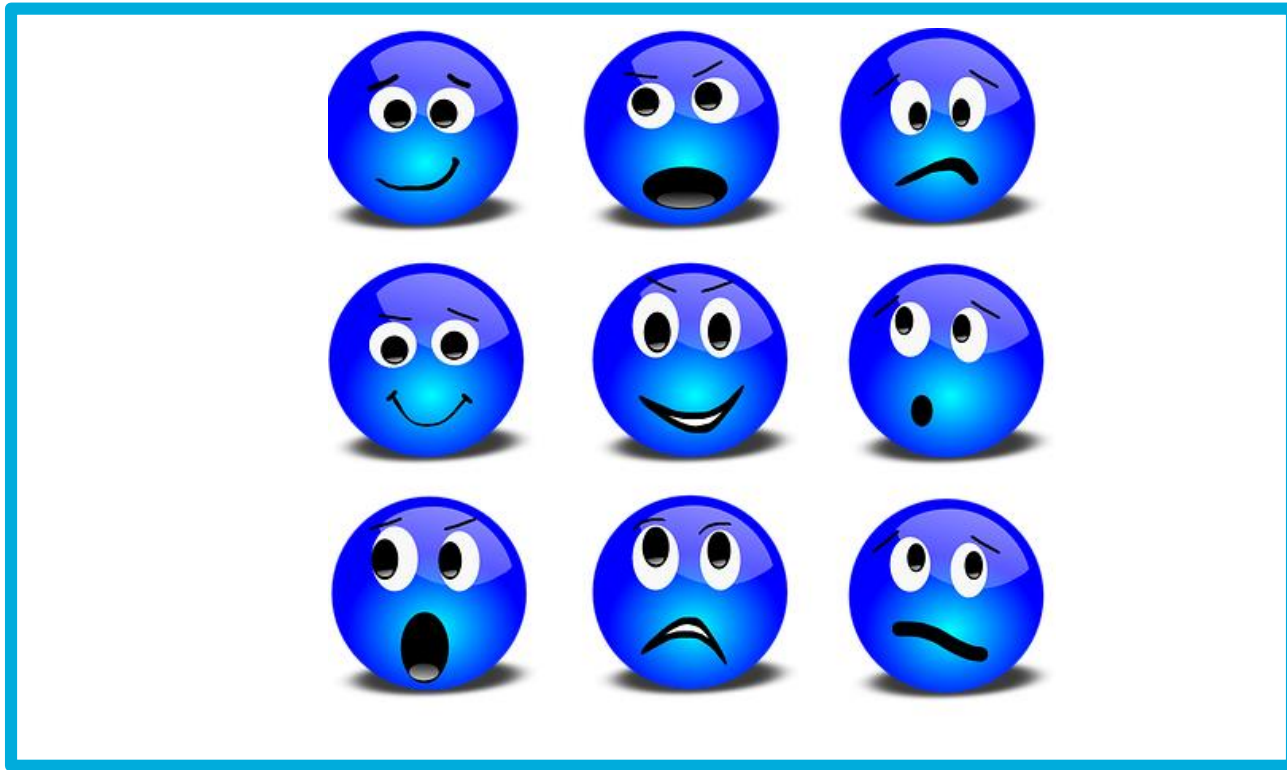
I get a band-aid.



I will do a great job!



I feel ...



... about getting sleepy medicine.

I can ask questions about my visit
to the child life specialist or other staff member



**The questions I have
are ...**

These things may help me cope better at the hospital.

☐ One person speaks



☐ Buzzy



☐ Freeze spray



☐ EMLA



☐ Counting



☐ Lights off



☐ Noise cancellation headphones



☐ Comfort / Transitional item

☐ I-Pad / Electronics / Music



☐ Timer for transitions



☐ Fidget toys



☐ Weighted lap pad / Blanket



☐ Chew toys



☐ Rocking / Movement toys



☐ Cause & Effect / Sound toys



For Parents: Directions to Smilow Cancer Hospital for your visit to Yale New Haven Children's Hospital

Address:

35 Park St. New Haven, CT 06510

Upon your arrival:

- Pull into the valet circle.
- You will be greeted by the valet who will issue you a valet ticket and assist you to the hospital.
- Your car will be parked in a secure lot.
- When you are ready to leave, you can return to the valet location, the valet will accept your ticket and calculate any applicable parking charges.
- Once inside the hospital, please check in at the Smilow Cancer Hospital front desk where you will be directed to your appointment.
- If you have questions or concerns regarding the check in process, please contact 203-688-2334 for assistance.