

Delivery Network/Location

NAME:

BIRTH DATE:

MRN:

DOS:

(If handwritten, patient name, MRN, birth date, and DOS)

Yale New Haven Health

Diabetes Self-Management Education/Training and Medical Nutrition Therapy Services Referral Form

Diabetes Self-Management Education/Training (DSME/T)

Check the type of DSME/T and number of hours requested

Initial group DSME/T (10 hours) or ____ # hrs. requested

Follow-up DSME/T (2 hours) or ____ # hrs. requested

Patients with special needs requiring individual (1-on-1) DSME/T

Check all special needs that apply:

Impaired mobility Impaired vision Impaired hearing

Impaired cognition Impaired dexterity Eating disorder

Learning disability Language barrier 1:1 Insulin training

Other: _____

I, the referring/ordering provider, authorize 1:1 DSME/T if there are no group sessions available within 2 months of this order

DSME/T Content (specify topics to be covered)

All Topics (or check below boxes for specific topics to be covered)

Monitoring diabetes Diabetes as a disease

Psychological adjustment Physical activity

Nutritional management Goal setting, problem solving

Medications

Prevent, detect, and treat acute complications

Preconception/pregnancy management of GDM

Prevent, detect, and treat chronic complications

Medical Nutrition Therapy (MNT)

Check the type of MNT and/or number of additional hours requested

Initial MNT (3 hours) or ____ # hrs. requested

Annual follow-up MNT (2 hours) or ____ # hrs. requested

Additional MNT services in the same calendar year, per RD

Additional hours requested _____

Please specify change in medical condition, treatment and/or diagnosis requiring additional hours requested:

Important: Please fax the most recent and relevant clinical information, such as Hemoglobin A1C, Lipid profile, Blood Pressure, Growth curves, and/or Allergy panels.

Diabetes – Please check the appropriate diagnosis

ICD-10	Type 1 Diabetes	ICD-10	Type 2 Diabetes
E10.10	Ketoacidosis w/o coma	E11.00	Hyperosmolarity without NKHHC
E10.21	Diabetic nephropathy	E11.21	Diabetic nephropathy
E10.22	Diabetic chronic kidney disease	E11.22	Diabetic chronic kidney disease
E10.319	Unspecified diabetic retinopathy without macular edema	E11.3__	Ophthalmic complications; specify:
E10.4	Neurological complications	E11.40	Diabetic neuropathy, unspecified
E10.5	Circulatory complications	E11.51	Diabetic peripheral angiopathy without gangrene
E10.6	Other specified complications	E11.6__	Other specified complications; specify:
E10.64	Hypoglycemia	E11.649	Hypoglycemia without coma
E10.65	Hyperglycemia	E11.65	Hyperglycemia
E10.8	Unspecified complications	E11.8	Unspecified complications
E10.9	Without complications	E11.9	Without complications
	Gestational Diabetes		
O24.410	Diet-controlled		
O24.414	Insulin-controlled		



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Diagnoses – Please check ALL that apply			
ICD-10	ADULT MALNUTRITION	ICD-10	
E43	Unspecified severe protein-calorie malnutrition	K29.7_	Gastritis, unspecified (Use add'l character for w/wo bleeding)
E44.0	Moderate protein –calorie malnutrition	K31.84	Gastroparesis (Code first underlying disease, if known)
E44.1	Mild protein-calorie malnutrition	K50.00	Crohn's disease of small intestine without complications
E46	Unspecified protein-calorie malnutrition	K50.10	Crohn's disease of large intestine without complications
E64.0	Sequelae of protein-calorie malnutrition	K50.80	Crohn's disease of both small & large intestine without complications
	BEHAVIORAL DISORDERS	K50.90	Crohn's disease, unspecified, without complications
F50.00	Anorexia nervosa, unspecified	K51.00	Ulcerative colitis without complications
F50.01	Anorexia nervosa, restricting type	K57.10	Diverticulosis of small intestine w/o perforation/abscess w/o bleed
F50.02	Anorexia nervosa, binge eating/purging type	K57.30	Diverticulosis of large intestine w/o perforation/abscess w/o bleed
F50.2	Bulimia nervosa	K58._	Irritable bowel syndrome (Use add'l character for w/wo diarrhea)
F50.8	Binge eating disorder	K59.00	Constipation, unspecified
F50.9	Eating disorder, unspecified	K59.1	Functional diarrhea
	WEIGHT MANAGEMENT	K70.30	Alcoholic cirrhosis of liver without ascites
E66.01	Morbid (severe) obesity due to excess calories	K86.0	Alcohol-induced chronic pancreatitis
E66.09	Other obesity due to excess calories	K90.0	Celiac disease
E66.1	Drug-induced obesity		KIDNEY DISEASE
E66.3	Overweight	N18.__	Chronic kidney disease (Use add'l character to specify stage)
E66.9	Obesity, unspecified	I12.0	Hypertensive chronic kidney disease, Stage 5 or ESRD
R62.51	Failure to thrive, child	I12.9	Hypertensive chronic kidney disease, Stages 1-4 or unspecified
R62.7	Failure to thrive, adult		SYMPTOMS/SIGNS, ABNORMAL CLINICAL/LAB FINDINGS
R63.4	Abnormal weight loss	R73.01	Impaired fasting glucose
R63.5	Abnormal weight gain, not during pregnancy	R73.02	Impaired glucose tolerance test (oral)
R63.6	Underweight	R73.09	Other abnormal fasting glucose (pre-diabetes)
	ENDOCRINE, NUTRITIONAL AND METABOLIC DISEASES		DISEASES OF THE BLOOD
E03.9	Hypothyroidism, unspecified	D50.0	Iron deficiency anemia due to chronic blood loss
E16.2	Hypoglycemia, unspecified	D50.8	Other iron deficiency anemias (due to inadequate iron intake)
E28.2	Polycystic ovarian syndrome	D50.9	Iron deficiency anemia, unspecified
E73.9	Lactose intolerance, unspecified	D51.3	Other dietary vitamin B12 deficiency anemia (vegan anemia)
E78.0	Pure hypercholesterolemia	D52.0	Dietary folate anemia
E78.1	Pure hypertriglyceridemia	D53.0	Protein deficiency anemia
E78.2	Mixed hyperlipidemia	D53.9	Nutrition anemia, unspecified (simple chronic anemia)
E78.5	Hyperlipidemia, unspecified	D64.9	Anemia, unspecified
E78.89	Other lipoprotein metabolism disorder		FOOD ALLERGIES
E88.81	Metabolic syndrome	Z91.010	Peanuts



