Understanding the Connecticut Car Seat Law

Rear Facing Car Seat
- Children under 2 years old must remain in a rear facing car seat with a 5-point harness.
- Children under 30 lbs. must remain in a rear facing car seat with a 5-point harness.

Forward Facing Car Seat
- Children must be at least 2 years old.
- Children must be at least 30 lbs.
- Children who meet both of these requirements must be secured by a 5-point harness and ride in either a forward or rear facing car seat.

Booster Seat
- Children must be at least 5 years old.
- Children must be at least 40 lbs.
- Children must remain in a car seat secured by a 5-point harness or a booster seat using both the lap and shoulder belt until they are at least 8 years old AND 60 lbs.

Seatbelt
- Children must be at least 8 years old AND 60 lbs. before transitioning out of a car seat or booster seat.
- The vehicle lap and shoulder belt MUST always be used.
- “Best Practice” is to use a booster seat beyond the minimum legal requirements.

Additional Information
- Always read the car seat and vehicle manuals when installing and using a car seat or booster seat.
- Violators of this law may be issued fines and must participate in a Department of Motor Vehicles mandatory class on child passenger safety or face license suspension.
- If you have questions or would like to schedule a car seat inspection, call Yale New Haven Children’s Hospital Injury Prevention Program at 203-200-KIDS.
- Information contained in this handout comes from Connecticut statute 14-100 (d), effective October 1, 2017.